

IMPROVING THE DETERMINANTS OF HEALTH

CUMBERLAND COUNCIL'S RESEARCH PLAN: SUMMARY OF SCOPING REVIEWS

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PURPOSE OF THE METHODOLOGY	
This document, Improving Determinants of Health: Cumberland Council's Research Plan Summary of Scoping Reviews outlines what has been shown to work in addressing our seven most pressing issues according to international literature in the past ten years based on international literature in the last ten years. These are: poverty, access to housing, pathways to employment, mental health and neurodiversity, substance use, obesity and food insecurity, children cared for.	
INCLUSION/EXCLUSION	
Research was included that was written in English, in the last ten years, related to our research themes, and ideally located in the UK.	
METHOD	
Searches in data bases identified 4497 potential academic research papers. 242 of these papers were relevant and reviewed in full. Examples of interventions that worked and their key characteristics were reported in seven reports in PowerPoint format of around 25 slides each. These were then summarised into a single 'Summary of Scoping Reviews' report of 16 slides which are inevitably generic.	
SUMMARY OF FINDINGS	
The reviewed highlighted the importance of: <ul style="list-style-type: none">• Collaboration with other providers• Co-production with service users• Early intervention to prevent worsening situations• Long term funding to allow time for change to occur• Supportive environments to sustain outcomes achieved (families, communities, schools)• Adequate staff training and support to handle people's complex needs and to deliver interventions with fidelity• Evaluation of interventions to understand whether they are effective and provide cost benefits.	
MORE INFORMATION	
We recommend reading the seven individual scoping reviews on the Cumberland Observatory website.	