

Prevention

Early Intervention

Targeted Support

Whole School Approach

- Health and wellbeing review has been completed with the Public Health 5-19 Service and a Health and Wellbeing Plan has been developed.
- A spiralling curriculum is in place across all year groups which is clearly planned and includes puberty, relationships, respect, choices, STI's, pregnancy, CSE, Risk Taking Behaviours and the law regarding sexual activity for under 18's and consent. The DfE Sex and Relationship Education Guidance can be found [HERE](#).
- A policy should be in place which includes clear expectations and consistent responses to incidents relating to sexual health and children seeking advice.
- A policy should be in place to manage any child attending school who has chosen to continue with a pregnancy.
- Teachers are advised of the law regarding consent and there is a clear policy in place if the child is under 13, vulnerable or there are other safeguarding concerns.
- Teaching is provided in a safe and nurturing environment.
- There is an open door policy and there are opportunities for children to be able to approach a trusted adult if they need support.
- Pupils have access to and knowledge of up to date information on how to access support.
- Staff have access to training and support as appropriate.
- Process in place to address early concerns in relations to individuals and cohorts of pupils

Indicators for Concern

- School notes child appears to be in serious relationship with fellow pupil or unknown partner
- Change in friendship groups, spending a lot of time with older children or young people
- Child reports sexual activity
- Friends/Family report sexual activity
- Rumours of sexual activity circulating at school
- Exhibiting flirtatious or sexualised behaviour
- Concerns raised about sexting or use of social media

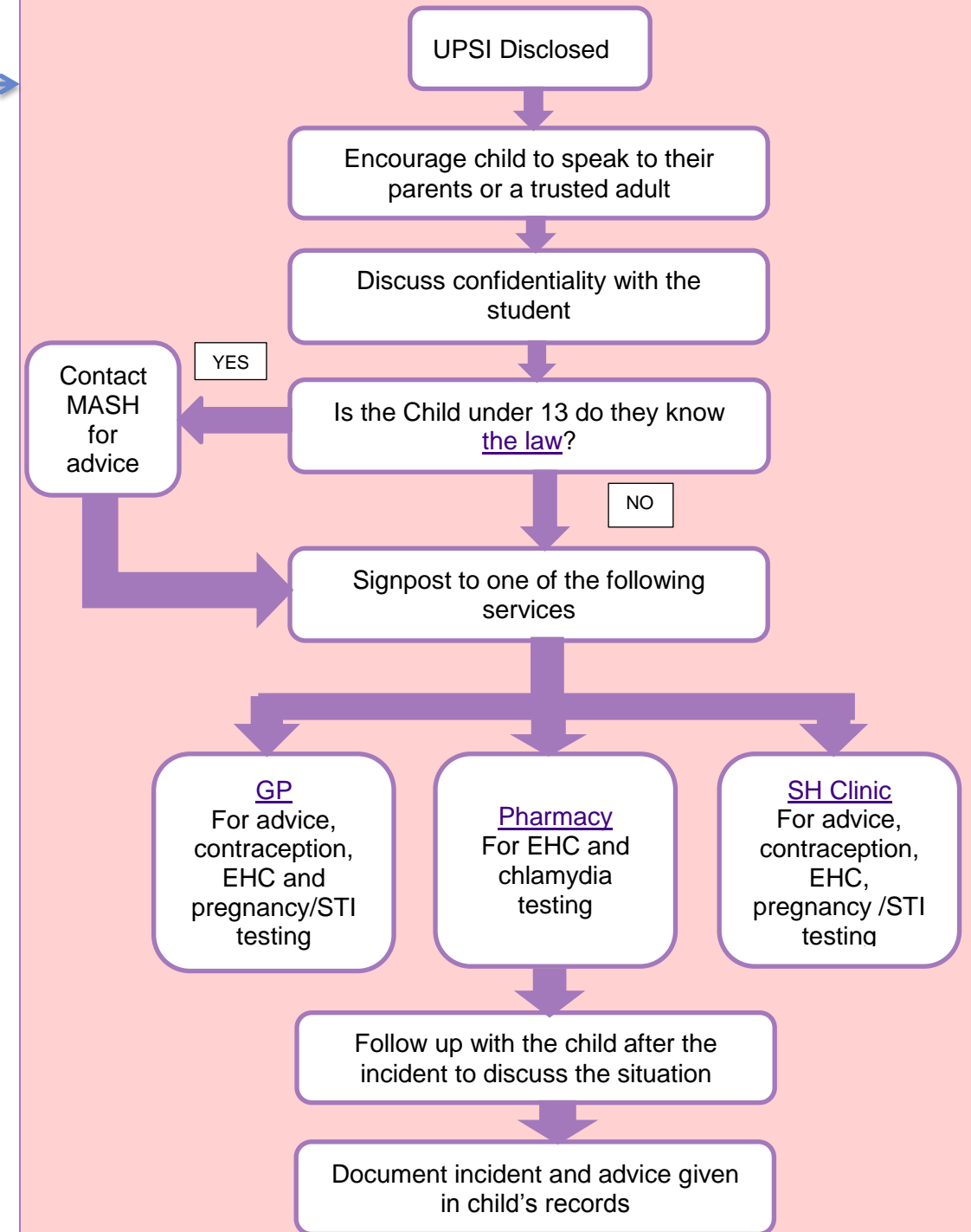
- All concerns, incidents and actions to be recorded on the school database
- Refer to the School counsellor if appropriate
- Signpost to GP's offering Sexual Health Services [HERE](#)
- Signpost to Sexual Health Clinics [HERE](#)
- Advise child to speak to their parents or trusted member of their family
- Signpost them to reliable websites for info:-
[Cumbria Sexual Health](#)
[Brook](#)
[FPA - Sexual Health](#)
[NHS - Live Well – Sexual Health](#)
[Health for Teens](#)
[NSPCC Let's Talk Pants](#)
[NSPCC Keeping Safe](#)
[NSPCC Protect and Respect](#)

External Support

- | | |
|---|---|
| Cumbria Sexual Health | Brook |
| FPA - Sexual Health | NHS - Live Well – Sexual Health |
| Health for Teens | NSPCC |
| NSPCC Let's Talk Pants | NSPCC Keeping Safe |
| NSPCC Protect and Respect | Police |
| KOOOTH | Childline |
| Sexual Health Clinics | Sexual Health Services via GP's |
| Local Safeguarding Children's Board | The Bridgeway |
| The Birchall Trust | |

Targeted Support

- Concerns are increasing
- Child presents after an incident of unprotected sexual intercourse



Public Health 5-19 Service - Contact to arrange a Health & Wellbeing Review and plan
 Public health Nurses are able to provide support to address the health needs of children aged 5-19 years and signpost to appropriate service or resources.
<http://www.cumbria.gov.uk/ph5to19/>

IF CHILD IS ASSESSED TO BE AT IMMEDIATE OR SIGNIFICANT RISK OF HARM REFER TO SAFEGUARDING POLICY OR CONTACT SAFEGUARDING HUB TELEPHONE: 0333 240 1727

This is to guide your response to a child who is presenting with sexual health concerns. Please note this is NOT a diagnostic tool and age appropriate behaviour and safeguarding should always be considered