**M2 Positive Behaviour Support Plan (Appendix 3a)**

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| **Name of Person to be Supported:**  |
| **Identified Triggers for the Behaviour** |
| **Physical Environment** |  |
| **Interaction and Socialisation**  |  |
| **Activities and Interests** |  |
| **Other (health etc.)** |  |

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| **Pro-active “Green” Strategies**When the individual is calm and relaxed and presents their typical behaviour. |  |
| **How XXXXXXXXX presents when calm**  | **What actions do staff need to take to support XXXXXXXXX** | **Other documents to read** |
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| **Active “Amber” Strategies**When the individual is anxious or distressed, an indication that behaviours may be about to occur. |  |
| **How XXXXXXX presents when anxiety levels are starting to escalate** | **What actions do staff need to take to support XXXXXXXXX** | **Other documents to read** |
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| **Re-active “RED” Tertiary Strategies**When the individual is actively displaying behaviours that challenge. |  |
| **How XXXXXXX presents when triggers are reached and behaviours occur** | **What actions do staff need to take to support XXXXXXXXX** | **Other documents to read** |
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| **Calming Down “Blue” Strategies**When the individual’s behaviour indicates they are returning to their typical behaviours**(staff should be aware of the risk that behaviours may re-occur during this stage)** |  |
| **How you know when XXXXXXXX is calming down** | **What actions do staff need to take to support XXXXXXXXX** | **Other documents to read** |
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| **Name of Person Developing this support plan:** |  | **Name of Person to be Supported:** |  |
| **Signature:** |  | **Signature:*****Where applicable*** |  |
| **Date Implemented:** |  | **Date:** |  |